



American Parkinson Disease Association Information and Referral Center

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The APDA Respite program guidelines and admission criteria are as follows:

1. The Parkinsonian and caregiver must reside together, and be a member of the Georgia Chapter of the APDA. The patient should be essentially house bound and/or hardship is imposed to the caregiver in transporting the patient to an adult day care.
2. The APDA must receive a letter from the parkinsonian's physician confirming the diagnosis of Parkinson's disease and stating that respite care would be beneficial. A phone call to the doctor's office requesting the letter is all that is necessary.
3. There are no age limitations.
4. The patient should have limited family and financial support to assist with their every day care and will need to fill out a brief financial application.
5. Each client may receive one seven-hour session a month.
6. The Respite worker will not be permitted to provide transportation for the client or caregiver.
7. A licensed home care agency (Visiting Nurse Health System, Inc.) will provide the respite service, which will be supervised every 4-6 weeks. Only Respite care visits approved by the APDA will be considered part of the program.
8. Due to the generosity of the grant, clients will not be asked to pay for this service. However, a client may purchase extra days of care available through the VNHS (Visiting Nurse Health System, Inc.)
9. Medications cannot be administrated. Care givers may set the medicines out with a schedule and the worker will remind the client to take them at appropriate times.
10. Services provided: Personal care (bath, dressing, etc) meal preparation and some additional cooking, stimulating activities (cards, reading, etc) walks, and assistance with home exercise programs.
11. Geographic areas covered may include up to 26 counties surrounding and including metropolitan Atlanta.
12. Each client will be enrolled for one year.